

# Gale Free Library's Cooking Club

## Sprouts!



Sprouts like alfalfa, radish and bean add a nice texture and flavor to salads and sandwiches. Sprouts are very easy to grow yourself if you have the right equipment and you know where to buy your seeds! Come learn how to grow your own sprouts at home, and taste a delicious sprout salad and a homemade sprouted bread.

Tuesday, July 18, 2017  
6:30 PM in the Program Room

\*\* All are welcome. \*\*

\*\* No registration is needed. \*\*